

CLINICAL NEUROPSYCHOLOGY ASSOCIATES

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INFORMED CONSENT FOR TELEPSYCHOLOGICAL SERVICES

Prior to starting video-conferencing or telephone services, we discussed and agreed to the following:

- There are potential benefits and risks of video-conferencing or telephone sessions (e.g. limits to patient confidentiality) that differ from in-person sessions.
- Confidentiality still applies for telepsychology services, and nobody will record the session without the permission from the others person(s).
- We agree to use the telephone or video-conferencing platform selected for our virtual sessions, and the psychologist will explain how to use it.
- You need to use a webcam or smartphone during the session, if possible.
- It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during the session.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- It is important to be on time. If you need to cancel or change your tele-appointment, you must notify the psychologist in advance by phone or email.
- We need a back-up plan (e.g., phone number where you can be reached) to restart the session or to reschedule it, in the event of technical problems.
- We need a safety plan that includes at least one emergency contact and the closest ER to your location, in the event of a crisis situation.
- If you are not an adult, we need the permission of your parent or legal guardian (and their contact information) for you to participate in telepsychology sessions.
- We are making every effort to confirm that the insurance company will reimburse telepsychology sessions in the same manner that regular sessions are reimbursed. We have been told that most insurers will cover the sessions and in many cases, health insurance carriers have waived the co-pays. If your carrier does not reimburse for these

sessions, you will not be billed directly, for the time being. However, if these services are needed for an extended period of time, then we will need to discuss another financial arrangement.

- As your psychologist, I may determine that due to certain circumstances, telepsychology is no longer appropriate and that we should resume our sessions in-person.

Psychologist Name: _____

Psychologist Signature: _____

Patient Name: _____

Signature of Patient/Patient's Legal Representative: _____

If read to patient and patient gave verbal consent, psychologist should sign here:

Date: ____ / ____ / ____